

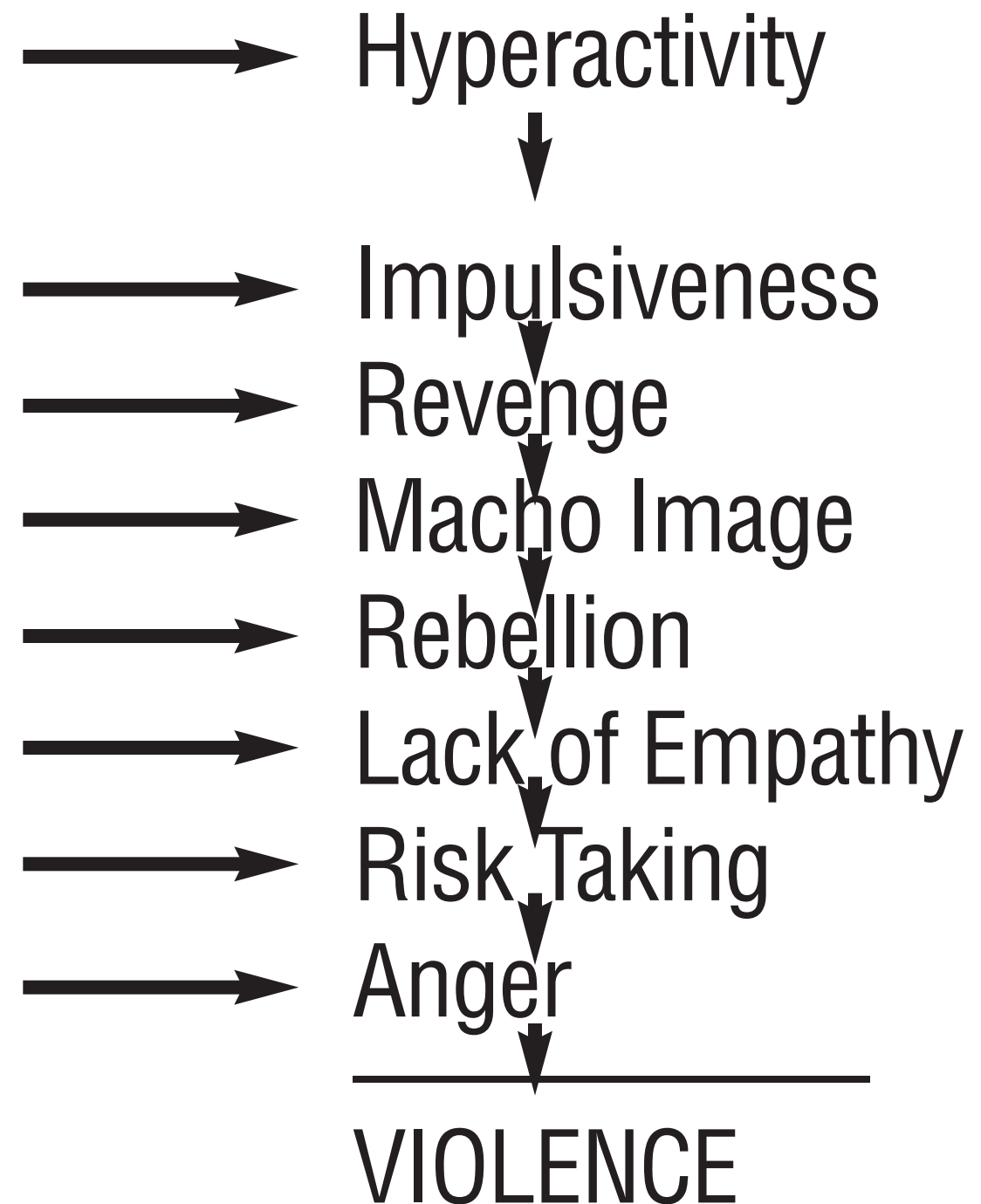
# Role Models for Manliness

- RAMM – Resurgent Angry Macho Man
- COW – Career Oriented Workaholic
- SNAG – Sensitive New Age Guy
- DOM – Dominant Male
- MOG – Messenger from God
- DAAD – Drug and Alcohol Addicted Dad
- PAL – Partner and Leader
- AWOL – Absent Without Leave Father
- OT – Other

# Seven Steps to Manliness

Stages of Adolescent Development

1. Brain Development
2. Moral Development
  - Stage I "I want"
  - Stage II "Fairness"
3. Sexual Development/Hormones
4. Adolescent Identity Crisis
5. Narcissism "My image"
6. No Sense of Mortality
7. Racism and Prejudice



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# The Manly Path of Life

CHILDHOOD

ADOLESCENT  
IDENTITY  
CRISIS

EARLY  
ADULTHOOD



**The Rebel**

**The Warrior**

**The Lover**

*Separation  
from Family*

*Competition  
Sports*

*Romantic  
Idealism*

*Independence*

*Military*

FIRST  
ADULTHOOD

MID-LIFE  
IDENTITY  
CRISIS

SECOND ADULTHOOD

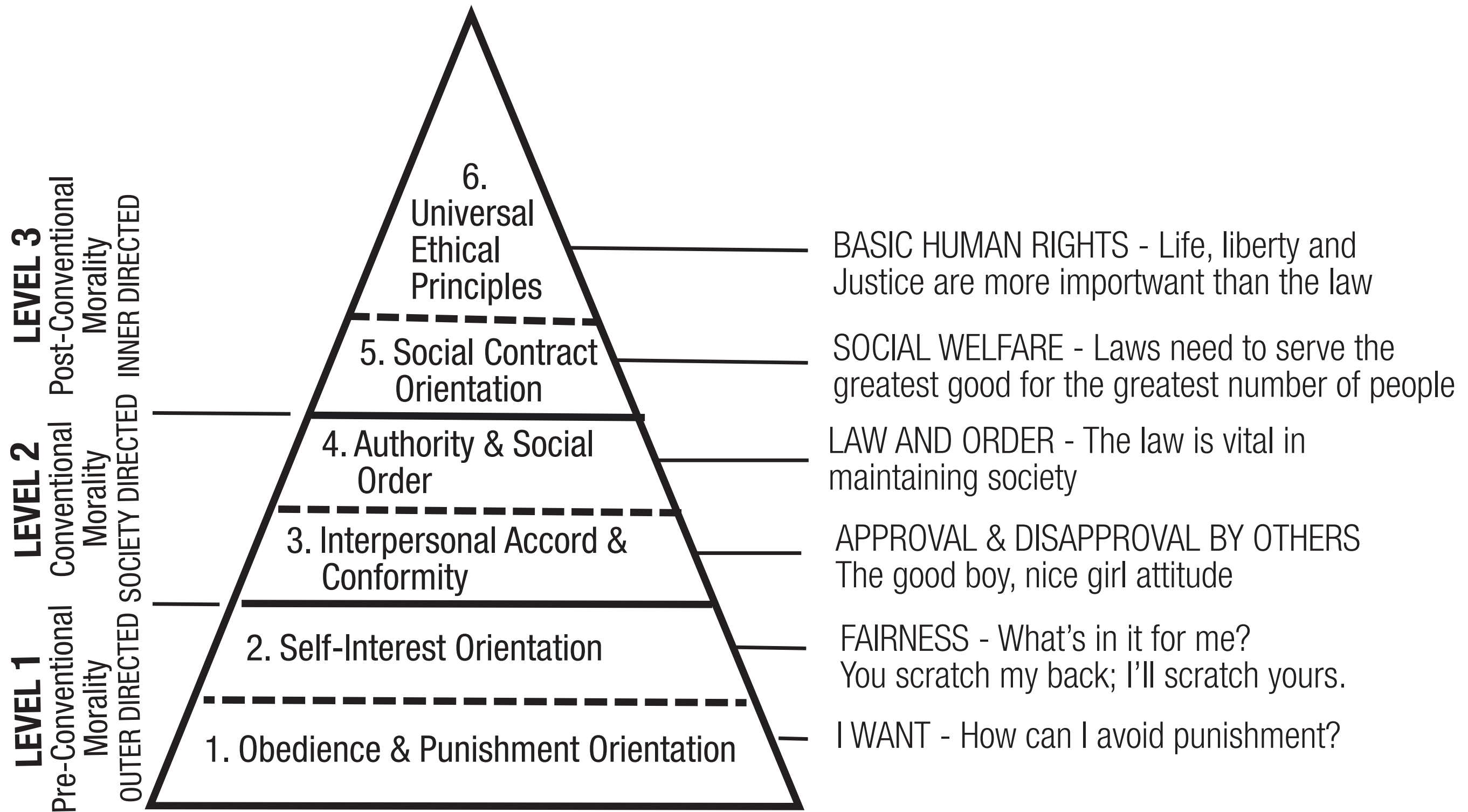


**The Provider  
and Achiever**  
*Career*  
*Family*  
*Formation*  
*Achievement*

**The Transition**  
*Facing*  
*Mortality*  
*Depression*  
*Spiritual*  
*Awakening*

**The Seeker  
of Meaning**  
*Career Change*  
*Search for Meaning*  
*Retirement*

**The Mentor**



**Kohlberg's  
Moral Development Model**