

Alternatives to Violence Project Talking Points

AVP's three-day experiential workshops empower participants and facilitators to discover creative ways to transform conflict into win-win outcomes that can deepen relationships.

AVP unlocks leadership potential as participants build skills and become agents of change, peacemakers.

In AVP workshops we practice:

- Affirmation—learning to affirm ourselves and others
- Communication—practicing active listening
- Community Building—having fun together
- Cooperation—small groups with a common task
- Conflict Transformation—practicing transforming conflict in role plays

Join us in a workshop!

See www.avpny.org for a listing of upcoming workshops in community settings in New York State.